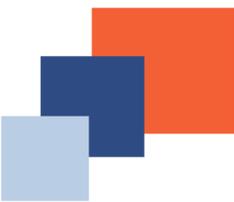




VMB Development, Inc.
Nonprofit 501(c)(3)



A Case Study
Using Specifically Designed
Exercises & Activities
To Develop & Improve
A Child Diagnosed With
Autism Spectrum
Disorder
ADHD/RLD/SPD

By: Julie Stuhlsatz

A Case Study On Autism

In April 2022, a 10-year-old child in 4th grade, who we will name Shawn, with the diagnoses of ASD, ADHD, mixed receptive/expressive language disorder, sensory processing difficulties and, also, wearing braces on his legs to help him with walking stability, started having online VMB Development, Inc. sessions. He attends a private Developmental Learning Center school and has sessions with both a clinical therapist and an ABA therapist who both go to his home to help him learn. When he first began VMB Development, Inc. sessions, his behavior was good and was willing to try, but he struggled doing any of the exercises or activities. He was unable to hold onto a ball, stand or sit on the floor without constant body movement, especially in his arms and legs. He had the ability to say the alphabet; but was unable to follow instructions or ask questions.

Improvements Noted **By Shawn's Mother:**

-“Shawn’s therapist said he is calmer, more alert, is trying to pay attention, follow instructions and behaving better at therapy. She also said that she saw an improvement in his ability to look at her when she spoke to him.”

-“Shawn’s behaving better at home, waking up easier and has more willingness in the mornings.”

-“Shawn isn’t getting angry anymore at home or with his teachers. He now knows how to control his anger.”

-“I have noticed that Shawn is more calm and now likes going or doing something different.”

-“Shawn told me that he feels successful and likes to practice learning now.”

-“Shawn is starting to walk more using his heels and is still wearing his braces at school but taking them off and not needing to wear them at home anymore.”

-“Shawn said that he feels happier, stronger and also more calm now.”

-“Shawn is now starting to try to think, speak and do more on his own after being shown and doing together with someone first.”

-“Shawn’s therapist said that she is now having eye contact with him and his body isn’t shaking anymore during therapy.”

