



VMB Development, Inc.
Nonprofit 501(c)(3)



A Case Study
Using Specifically Designed
Exercises & Activities
To Develop & Improve
A Child's Daily Behavior

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A Case Study On Behavior

In January 2020, a 4-year-old child in preschool, who we will name Tom, was brought in because of his behavior problems. According to his mom, he had anger issues and did not speak much. He was evaluated and the test results are shown in Exhibit I. At 60 hours and 120 hours of one-on-one sessions, he showed improvements as summarized in Exhibit I.

Improvements Noted By Tom's Mother:

- “Tom used to struggle to communicate his feelings so he would have angry outbursts often. Now he rarely has them and if he does, he is able to talk through and regulate himself quickly.”
- “Tom used to wiggle and was rarely settled and now he's able to calm his body and focus.”
- “Tom seems much calmer, is reading to himself now and is improving with his writing.”
- “Tom's teachers noted, he is able to focus during learning time & is a model student.”
- “Tom now knows all of the alphabet, the letter sounds and is already beginning to put letter sounds together to begin reading.”
- “Tom's sleep routines are better.”
- “We can't thank you enough for helping Tom, you have truly made a difference in our lives.”
- “Tom asks questions and communicates clearly and effectively instead of melting down.”
- “Tom's writing is improving, and he is focusing more now.”
- “Tom's whole demeanor is much more calm.”
- “Tom is less argumentative, is more willing to try new things and is interacting more freely.”

Exhibit I (Continued):

VMB Development, Inc. Nonprofit 501(c)(3) Test Evaluation		Name:	Tom																		
		Page 2	4 years old																		
(Performance Ability)	Test Date	5%	10%	15%	20%	25%	30%	35%	40%	45%	50%	55%	60%	65%	70%	75%	80%	85%	90%	95%	100%
TSF	1/13/20	█	█	█																	
Self	8/24/20	█	█	█	█	█	█	█	█	█	█	█	█	█	█	█					
Confidence	1/29/21	█	█	█	█	█	█	█	█	█	█	█	█	█	█	█					
VVO	1/13/20																				
Balance/Concentration	8/24/20	█	█																		
With Distractions	1/29/21	█	█	█	█																
VCD	1/13/20	█	█	█	█	█	█	█	█	█	█	█	█	█							
Eye Movement Control	8/24/20	█	█	█	█	█	█	█	█	█	█	█	█	█	█	█					
(Reading & Comprehension)	1/29/21	█	█	█	█	█	█	█	█	█	█	█	█	█	█	█	█				
VD	1/13/20																				
Focusing & Following	8/24/20	█	█	█	█	█	█	█	█	█	█	█	█	█	█						
Left To Right	1/29/21	█	█	█	█	█	█	█	█	█	█	█	█	█	█	█					
VP	1/13/20	█																			
Process Pictures	8/24/20	█	█	█	█	█	█	█	█	█											
In Mind	1/29/21	█	█	█	█	█	█	█	█	█	█	█	█	█							
Test 1 Overall Percent:	<u>25%</u>	(First Day of Sessions)																			
Test 2 Overall Percent:	<u>58%</u>	(60 hours of Sessions)																			
Test 3 Overall Percent:	<u>73%</u>	(Week of 120 hours of Sessions)																			